









Focus Sessions: Building skills together



For parents of pre-school children with additional support needs
 2nd Thursday of the month on Skype for Business
Time: 10am – 12pm (approx.)

Sessions will focus on practical strategies and examples of different ways of working with children with additional support needs. There will be the opportunity to ask questions and to discuss ideas together.

Date	Focus session
12 th November 	Primary 1 School Application Process Taking parents of pre-school children through the various steps involved in applying for your child's first primary school place. We will also discuss the different mainstream and ASN options available in West Lothian.
10 th December 	Play ideas for children with additional support needs Activities, toys, sensory play and practical ideas for setting up successful play with children with a range of additional needs.
14 th January 	What is Global Developmental Delay, Intellectual or Learning Disability and Autism Spectrum Disorder? What do these terms mean and what does this mean from your child's brain.
11 th February 	Ways to Support Your Child's Communication across their day: Understanding Ways that you can help your child understand what is happening in their day and the words that they hear, this might include using objects, photos, symbols or songs.
11 th March 	Ways to Support Your Child's Communication across their day: Expression How your child might already communicate at home and ideas to support their communication development, using strategies such as Sign-a-long, Picture Exchange Communication System (PECS), objects, photos, symbols and also simple technology.
13 th May 	Managing challenging behaviour through Positive Behaviour Support Discussing why children use behaviours that challenge and help build on your strategies to reduce these behaviours.

Places are limited at each of these Focus Sessions so booking is essential.

You will be sent the link for each session you book on to.

To book your place please email Maria Brown, Development Officer - Early Years / ASN

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